

Hello, my name is Miss Dixon and I am one of the year 2 teachers here at Stalyhill Infant School. Alongside my responsibility as class teacher, I am also the RE, PSHE and Well-Being lead.

Part of my role is to support children and their families at times of loss and bereavement. This includes the loss of a family pet, loss through divorce, loss through fire/flood and through moving house.

In order to support families at these difficult times I have completed the "Grief Recovery" training which is a programme specifically aimed at helping children deal with loss. I have also recently attended training specifically related to supporting families who have experienced bereavement during Covid-19.

Supporting me in this role are designated key adults throughout school;

Bereavement lead: Miss Dixon

Key Adults: Mrs Plant

Mrs Merrill

Mrs Bain

Mrs Dolan

As a school we can offer:

- ❖ A nurturing environment
- ❖ 1 to 1 opportunities to talk
- ❖ A friendly face and someone to listen
- ❖ Tailored support to meet the needs of your child
- ❖ The Grief Recovery Process
- ❖ Signposting to support groups and websites
- ❖ Appropriate resources to aid discussion
- ❖ Play therapy
- ❖ Check in phone calls and letters with the child / family
- ❖ A place to remember loved ones

If you, your child or family are impacted by a bereavement or loss, we as a school would like to provide you with the support and guidance necessary to help you at this difficult time.

Please contact the school office, who will arrange a mutually convenient time for you and I to meet and discuss the best way in which we can support your family.